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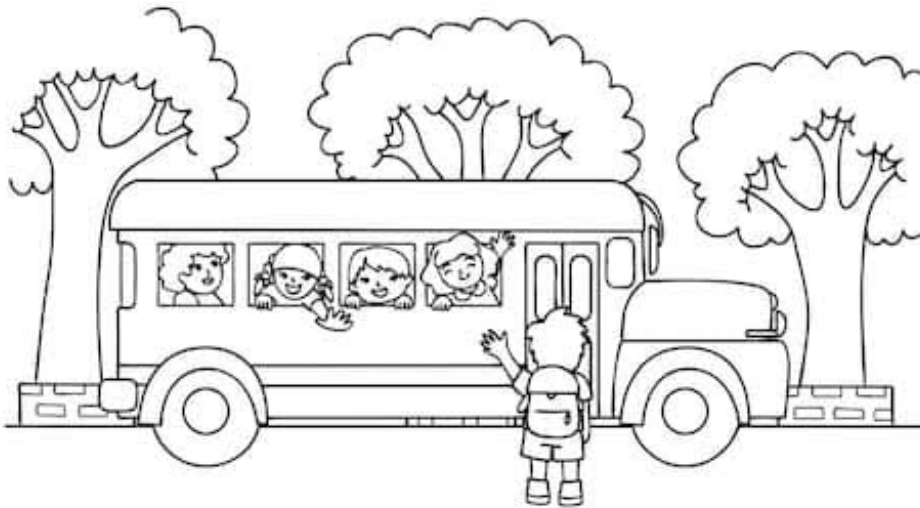
## NEWSLETTER

Most schools have started the new term, this means parents are back into packing healthy lunches and snacks 5 days a week again. As you might know already Kiwi Seed is into growing gmo free Popcorn locally. Popcorn is the ideal snack for kids and adults.

Popcorn is a wholegrain, fiber rich food, which contains protein, vitamins and minerals. It is low in fat and sugar and doesn't contain cholesterol. Don't buy premade popcorn with heaps of unhealthy fat (e.g. palm oil), sugar, salt, artificial flavours and preservatives.

To prepare a healthy option for your kids buy plain kernels and pop them on the stovetop or in a popcorn machine with a small amount of a healthy oil like coconut/ flaxseed/ olive oil or use butter. Experiment with different topping combinations like 1) cinnamon, allspice, nutmeg and sea salt, 2) dried dill, onion powder, grated lemon peel and salt. 3) Sprinkle on a little parmesan cheese with or without cayenne pepper 4) toasted sesame oil and crumbled nori.

Caramelised popcorn is tasty but shouldn't be eaten as a regular snack.



A sweet homemade version you can prepare yourself.  
Try topping with  
1/4 cup almond butter or peanut butter  
1/2 cup honey and 10 cups air popped popcorn.

The whole recipe can be found on our face book page.

Please remember to slow down around schools to protect our children. Thanks



**Back  
in  
store**

### BetaVet GG Calm + Mag

Relieve stress, nervous tension and anxiety. Useful for hot and flighty horses. May help balance behavior and support normal clarity. 60ml syringe with 3 potent doses.

A calming relaxing formulation useful for anxious stressed horses. Useful training aid for young horses, as a support when travelling or shoeing, to ease separation anxiety, assist in maintaining a relaxed and focused state in sale yards or when hunting and/or during competition.

GG Calm+Mag improves cognitive performance and stabilizes behavioural disposition. Does not impair judgement nor dampen natural charisma.

**Neem tree granules** are a bio available fertiliser which increases the humus content of the soil and is therefore ideal for low organic matter soils. Neem tree granules are also exceptionally effective at controlling garden pests if applied to the ground surface well before the insects that attack your plants are about. Pests, which can be controlled are nematodes, grass grubs, bronze beetle, psyllid, white butterfly, mealy bugs. Neem granules may assist in repelling mammals such as rabbits and deer.

New plants:

Apply a handful of granules to the planting hole at a depth of 15-20 cm mix into the soil, then sprinkle another handful of granules on top of the soil around the plants.



Established plants:

50-80 grams per square metre, lightly raked around the plants

Grass grub treatment:

Sprinkle the granules over the recently mowed lawn at the rate on 50 gram per square metre and water to settle to the soil. Best times for treating is around December as grubs start to hatch, but also April to July depending on where you are in NZ.

Neem Granules are very effective around shrubs and tall trees where spraying is difficult. Apply in 4-6 week intervals to maintain plant health.

Other neem products are available, as always read the label and handle with care. Please don't use the neem oil sprays when beneficial insects and are around, let them do their job.

Available  
in our  
store



### Red Mite trouble in the chicken coop

The red chicken or poultry mite (*Dermanyssus gallinae*) is a parasite of birds and rodents. The tiny (1 mm) mites suck the blood of the birds which gives them their red colour; they are pale when they have not had a blood feed. Mites can live up to 2 years and travel 300m during one night. Poultry mites have been known to transmit disease and will cause dermatitis and mange, generally reducing bird health and productivity.

The mites live in cracks and crevices in the poultry house and move onto roosting birds at night to feed. Night time is the best time to check your birds and their house for evidence of the mites. Mites seem to be more active during the warmer months of the year and build up numbers quickly.

**Diatomaceous Earth** is one option to control this pest as long as you can get it into the crevices, where the mites live during the day. Step 1 clean out the coop, remove sawdust, bedding material and saturate the walls, ceilings, perches and floors with **Smite- Poultry Shield** , allow to dry. Step 2 is to sprinkle DE on the floor, into nest boxes etc. You can make a slurry and paint the DE onto walls and under perches. Adding DE into the dust bath and straight under the chicken wings as well as around their necks/ backs is considered useful. We have a range of products available in store.



Cleaning your chicken coop regularly at least once every 4 months is an important management technique even if no mites are in sight. DE has proven to be very effective as it dehydrates the mites and they can't become resistant as they have to other chemical solutions.



Boost your chickens health after a red mite attack with **Nettex Mineral Boost** or treat them with special designed feed supplements like **Hen Health Tonic**. Will also improve eggshell strength and increase egg- laying.

These and lots of other products are available in our store.

We would like to do our bit for the environment by sending out our accounts and newsletters via email.

Please subscribe by emailing us at [info@kiwiseed.co.nz](mailto:info@kiwiseed.co.nz).

You can also use the same address to unsubscribe from the newsletter if you wish.

**Thank you from all at Kiwi Seed.**